

The all-in-one cheesecake you've always dreamed of.

Prep time: 15 minutes

ingredients

3 tbsp reduced fat cream cheese
1 cup heavy cream
1 tbsp matcha powder
Strawberries
Blueberries
A little peanut butter
1x **milo dino granola**
1x **peanut pretzel muddy bites**
1x crushed **rocky pecan brittle**

directions

1. Original cheesecake - mix cream cheese and heavy cheese and portion out half
2. Matcha cheesecake - pour matcha powder into the mixture and mix
3. Start layering!

layers

- 1: Base - rocky pecan brittle
- 2: Original cheesecake
- 3: Strawberries and blueberries
- 4: Matcha cheesecake

- 5: Milo dino granola
- 6: Original cheesecake
- 7: Top with strawberries and blueberries
- 8: Coat the rim of the mason jar with peanut butter
- 9: Decorate with pretzels

other ways you can enjoy it

Add a teaspoon of honey for a little hint of sweetness!

healthy tips from nutritionist, Leah

Reduced fat cream cheese is a great alternative to regular cream cheese as it's 40% lower in calories.

did you know?

Cheesecake is not actually a cake. It's cheese custard pie with smashed cookies.